



From the Principal

Tēna koutou katoa
Ngā mihi nui ki a koutou

Tihei Mauri ora – kia tau te rangimārie!

As we move through the season of Lent, we pray for the humility to walk back into the open arms of our God. Traditionally, Lent is a time of fasting, praying and giving. It still is, and there is also a contemporary context for this season of personal reflection and preparation...we fast from, so we can feast on:

Living the Fast Life

Fast from judging others; Feast on JUSTICE.

Fast from words that pollute; Feast on speech that purifies.

Fast from discontent; Feast on gratitude.

Fast from anger; Feast on patience.

Fast from pessimism; Feast on HOPE.

Fast from negatives; Feast on encouragement.

Fast from bitterness; Feast on forgiveness.

Fast from self-concern; Feast on compassion.

Fast from suspicion; Feast on truth.

Fast from gossip; Feast on purposeful silence.

Fast from problems that overwhelm; Feast on prayer that sustains.

Fast from anxiety; Feast on FAITH.

Kia tau te rangimārie i runga i a koutou katoa.

UPCOMING DATES

7 Mar	Central Zone Athletics
10-12 Mar	N.I. Secondary School Rowing Champs
13 Mar	Photo Day
14 Mar	Learning Conversations
29 Mar	Open Evening

2023 STUDENT COUNCIL

At our Opening Liturgy on Friday 10th February, we commissioned our Senior Council in a unique ceremony that allowed our Head Girls to introduce themselves.



Thank you to these students for their commitment and contribution in our kura as companions.

- **Mission Leader:**
Hazel Rodney
- **Māori Perspective Leader:**
Kira Schmidt &
Aria McLachlan
- **Pasifika Perspective Leader:**
Avalldamarie Godinet
- **Student Well-being Leader:** Gabriella Da Cunha
Fernandez & Isabella Anstis
- **Environmental Leader:**
Cora McInerney
- **Cultural Diversity Leader:**
Fran Bascon
- **Technology Leader:**
Ysabela Valdez
- **Publicity/Communications Leader:** Lily McQueen
- **Arts Leader:** Navidi
Ketawalakumbura
- **Sports Leader:**
Caitlyn Eagleton
- **BOT Student Representative:**
Precious Kintu

Our Vision

Ignite the Passion: inspiring young women to change the world – me aro ki te hā o Hineahuone!

We live the virtues of Faith, Hope and Justice.

Our charism is expressed through **Communion, Contemplation, Mission.**

THE YOUNG ENTERPRISE SCHEME (YES)



The Lion Foundation Young Enterprise Scheme (YES) is an opportunity for students to unleash their inner entrepreneur and experience the start-up world first-hand. It is an experiential programme where students set up and run a real business. Each YES company creates their own product or service and brings this to market.

On Friday 24th February, our Year 12 & 13 Business Studies students were part of a fun three-hour session designed to get in front of some formidable entrepreneurs from across the Waikato. The name of the game was, Business Ideation, a process which will help them with their own businesses they're forming!

THE SAINTS CONCERT BAND

The Saints Concert Band, Directed by Glenn Richards is in full swing and making wonderful tunes! This week International student Hana Nagai joined us on percussion.



INTERNATIONAL STUDENTS

Abseiling, Archery, Flying Fox, Caving, Tramping, and Crafts – 29 of our international students participated in all the activities on offer at our two-day camp at Pirongia Forest Park Lodge last week. The final day included a visit to Hamilton Zoo.

Meanwhile, our 19 students from Ritsumeikan Keisho Junior High School continued to enjoy their classes and English lessons. This group was with us for just 11 days, but quickly became familiar with school routines, enthusiastically participated in Athletics day, and very respectfully took part in our Ash Wednesday liturgy. Their visit wrapped up with an awesome Sayonara evening with musical performances, Origami demonstrations, and, of course, lots of Kiwi food!



INTERNATIONAL HOST FAMILIES NEEDED

Excellent remuneration. For more details contact
Lisa Cowen, phone 021 1953 268 or
email: international@shgcham.school.nz

EQUESTRIAN SUCCESS

Our equestrian team placed 2nd overall at the Waikato Secondary Schools Show Jumping Champs held on 22nd February at the Leamington Pony Club. They competed against 15 other Schools from around the region, this was an incredible result – CONGRATS GIRLS!

- **Mackenzey Clarkson** – 2nd Jigsaw event, 5th Accumulator event
- **Lilly Sutton** – 2nd Jigsaw event, 4th Accumulator event
- **Lauren Phillips** – 1st Jigsaw event
- **Olivia Watson** – 3rd Jigsaw event



A GREAT START TO THE ROWING SEASON

NZ Rowing Club Champs – Lake Ruataniwha, Twizel

Nine SHGC rowers, plus a coxswain, travelled down to Twizel, in February to compete in the NZ Club Championships. For the Club Champs, the girls row for Hamilton Rowing Club. The girls were very successful coming away with a Gold and Silver as well as making 5 A Finals.

Congratulations to the following rowers, who won **GOLD** in the womens intermediate coxed four: Veronica van Eyk, Kate Davies, Amara Casey, Sarah Healy, Rose Abbott.

And the following rowers, won **SILVER** in the womens intermediate coxed eight: Leah Mes, Penelope de Maudave Bestal, Caitlin Eagleton, A Armstrong (Hillcrest High rower), Amara Casey, M Coombes (Club rower), Veronica van Eyk, Layla Annear, Rose Abbott.



NOTICE BOARD

Athletics Day 2023

The results are in and you can find them [here](#).

Cyclone Gabrielle Donations

Thank you to our school community for the very generous food donations and gold coins. We received over \$540 in cash that allowed our Student Council to purchase large amounts of baby formula & toddler food, amazing!! Thank You. In total, 12 large and very full boxes were delivered to the Waikato Womens Refuge.

Thank you also to Hazel Rodney, our Mission Leader for pulling this together!

MME Vaccine

Please check that your daughter's MME Vaccine is up-to-date. Measles spreads easily and quickly. The best protection against measles is the free MMR vaccine. Click this [link](#) for more information.

Accounts Reminder

When setting up payments from **Sacred Heart** or **Mission College** please remember to put your *child's student ID* in as the reference.



AON Junior Regatta – Lake Karapiro

The following girls were also successful at the Aon Junior Regatta at Lake Karapiro on the 25th February.

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|--|---|---|
| • Girls U15 coxed four, 1st – Lily Ashton, Georgia Kendrick, Lily Johnson, Livvy Moon, and Leya Smith | • Girls U16 coxed four, 3rd – Lily Ashton, Georgia Kendrick, Kate Davies, Renee Simon, and Felicity Wong | • Girls U18 novice coxed four, 2nd – Thea Mace, Cate Langley, Lily Johnson, Livvy Moon and Isla Toni |
|--|---|---|

ATTENDANCE REMINDER

If your daughter will be absent from school during the day for any reason, please phone the school 856 7874 option 1, or email the Student Coordinator: absences@shgcham.school.nz giving a reason for her absence.

If a student will be absent from school for an extended period of time, whānau must inform Miss Gunn. Please email Ms Ritchie at pa@shgcham.school.nz explaining the reason for her absence – e.g., a holiday during term time.

DUKE OF EDINBURGH BRONZE TRAMP

The steep, slippery hills of Mount Maungatautari were no match for the 2022 Bronze DOE group. Last weekend eleven girls and 3 adults successfully completed their qualifying tramp. With the recent cyclone we had to forgo our original tramp and resort to plan D. The girls spent 6 hours climbing up Mount Maungatautari and reached the summit with an altitude of 797m. We camped overnight on the shores of Lake Arapuni, cooked our meals in teams, some went swimming, made a campfire and roasted marshmallows.

The second day was filled with lots of teamwork and encouragement. We crossed the Arapuni Suspension Bridge twice and spent the remaining 12km walking around Arapuni and then to Horahora domain.

By the end of it we were exhausted but glad to have finally finished our Bronze Outdoor section!

Eliza Songhak – Year 11 Student



SCHOOL PARKING

Please use our **Cook St entrance** to pick your daughter up before and after school as there is no parking available at the Firth St entrance. Also, **do not** park on the broken yellow lines in Firth St as it is illegal and creates a safety hazard when students cross the road to catch their school buses. Finally, please do not park in the numbered school carparks at any time, as these are reserved for staff.



REMEMBERING RANGIAOWHIA

On the 21st of February 1864, the thriving Māori community of Rangiaowhia was invaded by British troops who set whare alight, killing the occupants inside. As the central place of the Waikato Catholic mission, our Year 13 History students and student leaders gathered here to remember the attack on the peaceful community.



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Contact: **Mark McAlley**, Director of Sport Development. T 07 856 7874 ext 2837 or E mmcalley@shgcham.school.nz